



**NATIONAL ACTION ALLIANCE**  
for Patient and Workforce Safety

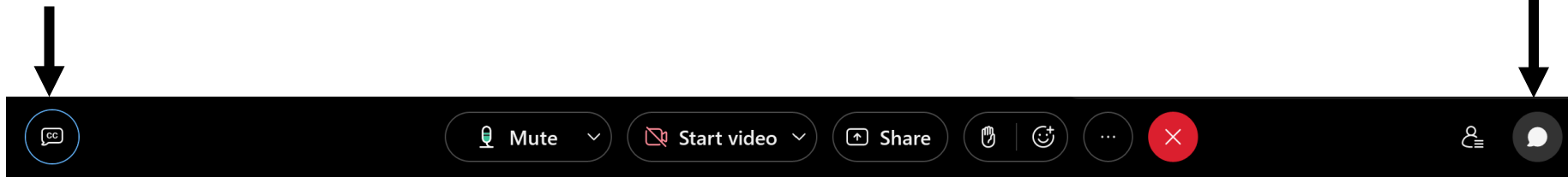
# **Making Healthcare Safer by Design: Redesigning for Safety, Efficiency, and Burden Reduction**

**NATIONAL WEBINAR SERIES**

July 16, 2024

# Housekeeping Instructions

- This webinar will be recorded and available for viewing on the NAA website.
- Please use the 'Chat' function to engage with us throughout to webinar and to ask any questions.
- Closed Captioning (CC) is available.



# Questions to Run On

- What safety design strategies exist that healthcare organizations could use now to redesign their processes to prevent harm?
- What strategies are some healthcare organizations already using successfully that incorporate safety engineering principles to prevent harm?

# Share with us!

**What would you wish to "re-design" in your organization for safety?**

**If you have already "re-designed" a process/system (to be safer, more efficient, less burdensome) in your organization, please share in the chat!**

# Speaker Welcome



**Dr. Jane Fogg, MD, MPH**

Physician Director of Organizational Transformation, Professional Satisfaction  
American Medical Association



# **Professional Satisfaction Patient Safety:**

**designing care to reduce burnout and improve patient safety**

National Action Alliance Webinar: Making Healthcare Safer by Design

Jane F. Fogg, MD, MPH

Physician Director of Organizational Transformation

Physician Satisfaction, American Medical Association

**No disclosures**

# Agenda

- Physician burnout and patient safety
- Physician burnout - definitions, data, drivers
- Strategy, solutions, safety
- Relational care - values in mitigating burnout and improving safety
- AMA resources

# Evidence for the association of Patient Safety and Professional Burnout

## REVIEW ARTICLE

### The Association Between Professional Burnout and Engagement With Patient Safety Culture and Outcomes: A Systematic Review

*Sarah E. Mossburg, MS and Cheryl Dennison Himmelfarb, PhD*

**Objectives:** In the last 20 years, there have been numerous successful efforts to improve patient safety, although recent research still shows a significant gap. Researchers have begun exploring the impact of individual level factors on patient safety culture and safety outcomes. This review examines the state of the science exploring the impact of professional burnout and engagement on patient safety culture and safety outcomes.

**Methods:** A systematic search was conducted in CINAHL, PubMed, and Embase. Studies included reported on the relationships among burnout or engagement and safety culture or safety outcomes.

**Results:** Twenty-two studies met inclusion criteria. Ten studies showed a relationship between both safety culture and clinical errors with burnout. Two of 3 studies reported an association between burnout and patient outcomes. Fewer studies focused on engagement. Most studies exploring engagement and safety culture found a moderately strong positive association. The limited evidence on the relationship between engagement and errors depicts inconsistent findings. Only one study explored engagement and patient outcomes, which failed to find a relationship.

**Conclusions:** The burnout/safety literature should be expanded to a multidisciplinary focus. Mixed results of the relationship between burnout and errors could be due to a disparate relationship with perceived versus observed errors. The engagement/safety literature is immature, although high engagement seems to be associated with high safety culture. Extending this science into safety outcomes would be meaningful, especially in light of the recent focus on an abundance-based approach to safety.

**Key Words:** safety culture, safety climate, burnout, engagement, error

(*J Patient Saf* 2021;17: e1307–e1319)

and communication<sup>10</sup> among others. Significant work has also been done to address clinical care directly, most notably in the prevention of health care–associated infections.<sup>12,13</sup> This strategy has proven successful decreasing the number of patients impacted by health care–acquired infections by 1.3 million between 2011 and 2013.<sup>14</sup> Despite this work, a recent systematic review found that the evidence is still lacking to support many interventions to decrease adverse events (AEs) in hospitals including adverse drug events, infections, delirium, falls, and surgical AEs.<sup>15</sup> To supplement these efforts and address the remaining substantial gaps in patient safety, researchers have begun to expand their focus beyond organizational and team level factors. In 2015, the National Patient Safety Foundation organized an expert panel to review the state of health-care safety in the United States and create a plan for the next 15 years. The first recommendation from this group was for leaders to create and sustain a culture of safety within health care.<sup>14</sup>

It is possible that individual level factors could help to explain variation in safety culture within organizations. Two emerging factors being explored in safety culture research are professional burnout and engagement. The job demands-resources model provides theoretical support for the potential impact of these 2 variables on organizational outcomes.<sup>16</sup> In this model, increased job demands lead to increased worker burnout, whereas increased job resources lead to increased levels of engagement. Burnout is a job-related emotional response to stress in the work environment characterized by emotional exhaustion, depersonalization, and a reduced sense of personal accomplishment.<sup>17</sup> Contrasting that is

- Review of 22 studies, 2005-2016
- Hospital-based health care setting
- Relationships between burnout (BO) and safety culture or clinical error (10 studies), BO and patient outcomes ( 2 studies)
- Less data on engagement
- Encourages more research in BO, engagement, and patient safety

Physicians  
with BO  
more likely  
to report  
making  
medical  
errors



## Physician Burnout, Well-being, and Work Unit Safety Grades in Relationship to Reported Medical Errors

Daniel S. Tawfik, MD, MS; Jochen Profit, MD, MPH; Timothy I. Morgenthaler, MD; Daniel V. Satele, MS; Christine A. Sinsky, MD; Liselotte N. Dyrbye, MD, MHPE; Michael A. Tutty, PhD; Colin P. West, MD, PhD; and Tait D. Shanafelt, MD

### Abstract

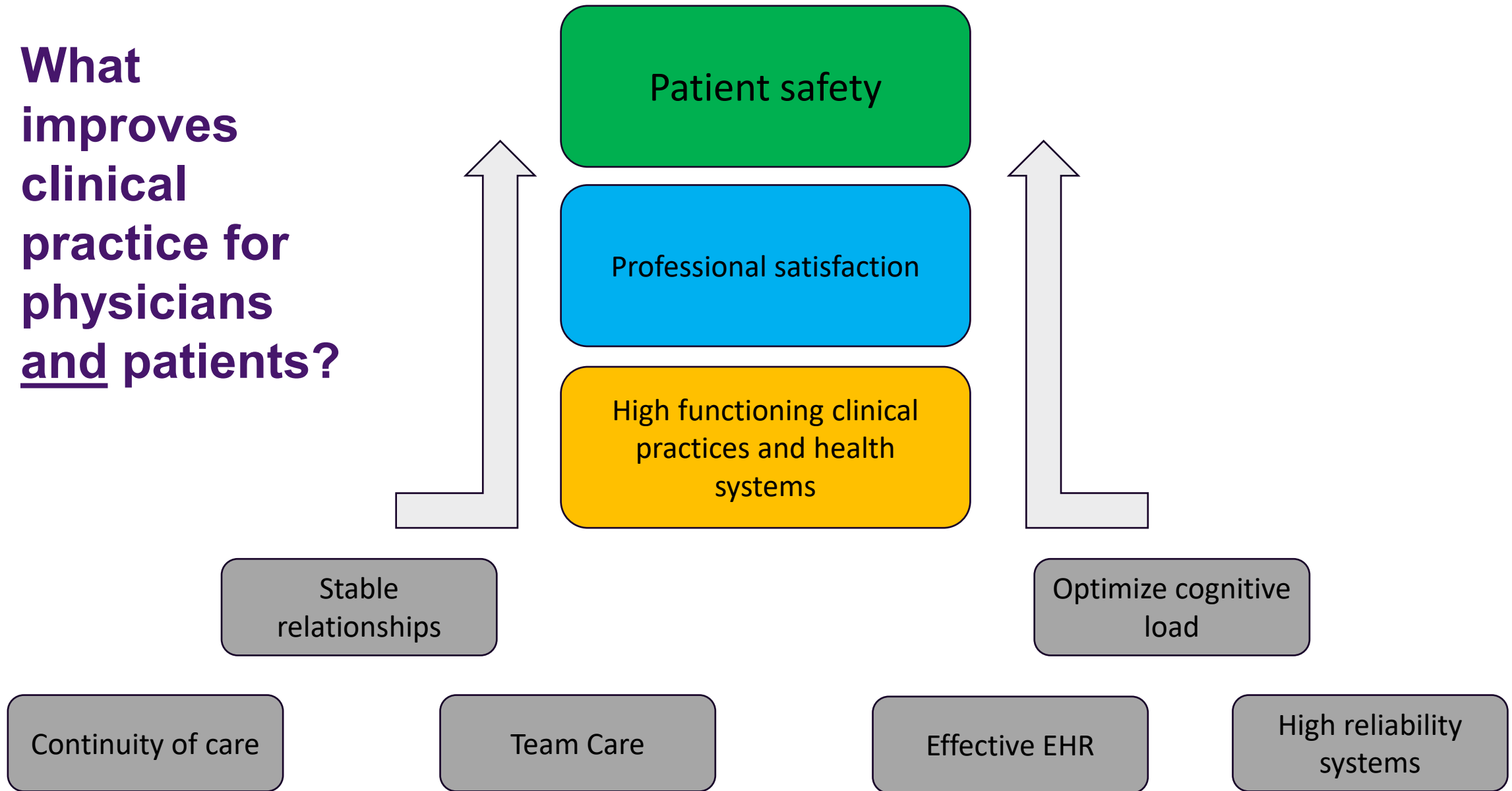
**Objective:** To evaluate physician burnout, well-being, and work unit safety grades in relationship to perceived major medical errors.

**Participants and Methods:** From August 28, 2014, to October 6, 2014, we conducted a population-based survey of US physicians in active practice regarding burnout, fatigue, suicidal ideation, work unit

“Burnout associated with **twice the odds of self-reported medical error**, after adjusting for specialty, work hours, fatigue, and work unit safety rating,

burnout (odds ratio [OR], 2.22; 95% CI, 1.79-2.76) or fatigue (OR, 1.38; 95% CI, 1.15-1.65) and those

# What improves clinical practice for physicians and patients?



# Definitions, Data, Drivers

# Burnout

- A syndrome, in the context of occupation, characterized by:
  - Emotional exhaustion
  - Feelings of cynicism and detachment from work; lack of engagement
  - Sense of low personal accomplishment or decreased efficacy in work
- Impact
  - Workforce stability – turnover, disrupted relationships, reduced access
  - Patients - decreased experience, quality, and outcomes
  - Organizations/systems – higher costs
  - Physicians – increased rates of death, divorce

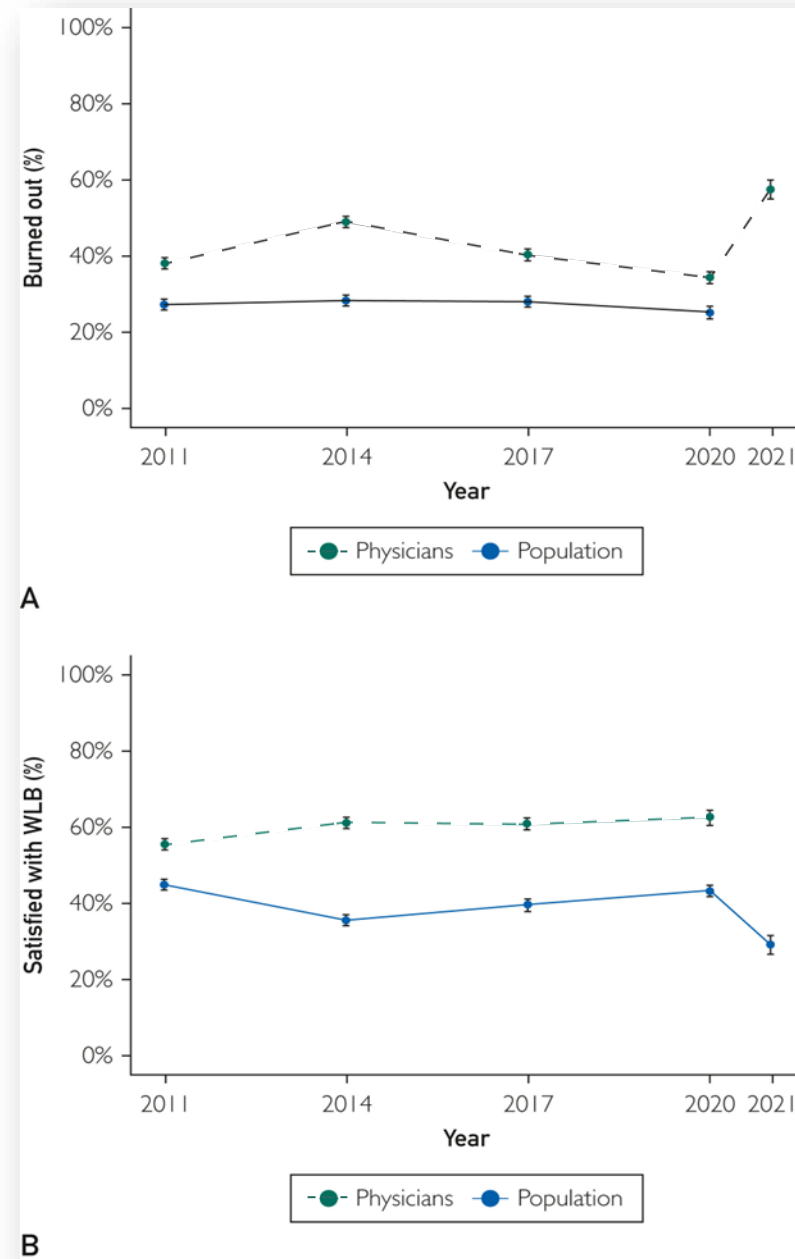
# Burnout levels remain high in physicians compared to population

Longitudinal evaluation of burnout in physicians compared with the population done every 3 years

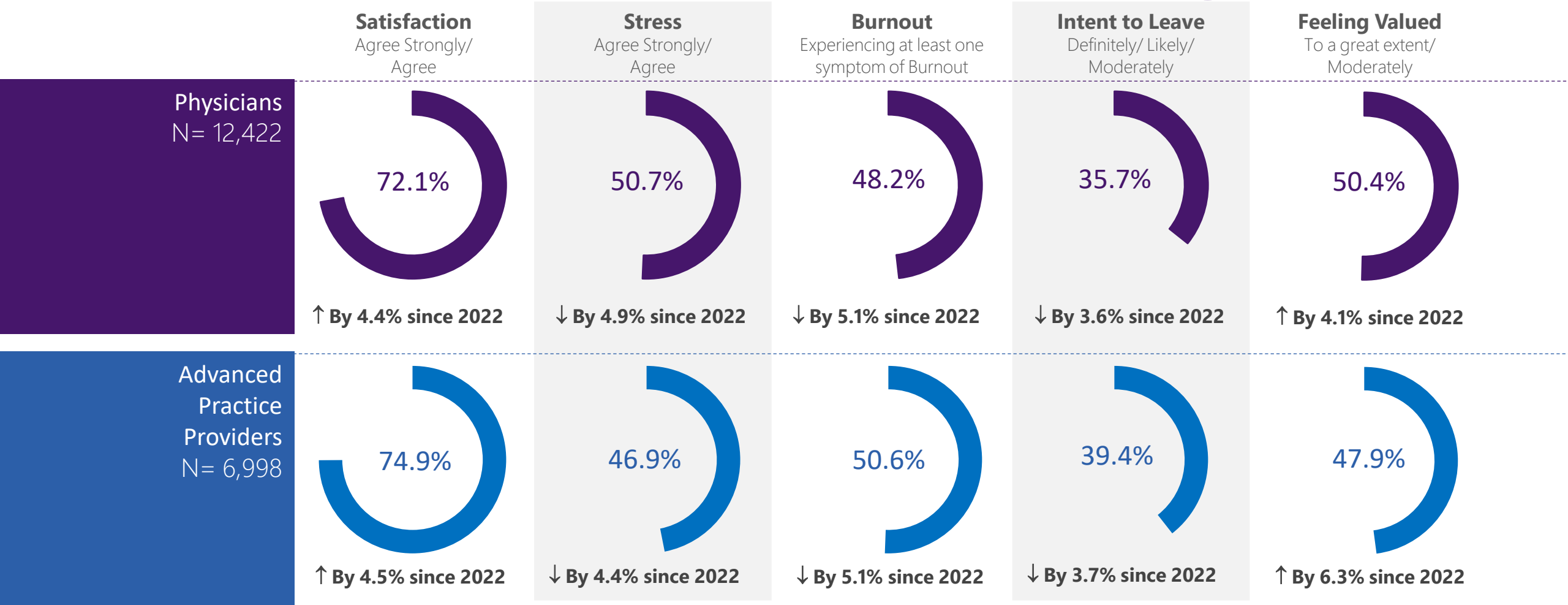
[https://www.mayoclinicproceedings.org/article/S0025-6196\(22\)00515-8/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(22)00515-8/fulltext)

AMA survey data continue to show ~50% of MDs report burnout (2022, 2023)

**63% in 2021**



# 2023 KPI from AMA Organizational Biopsy® Data



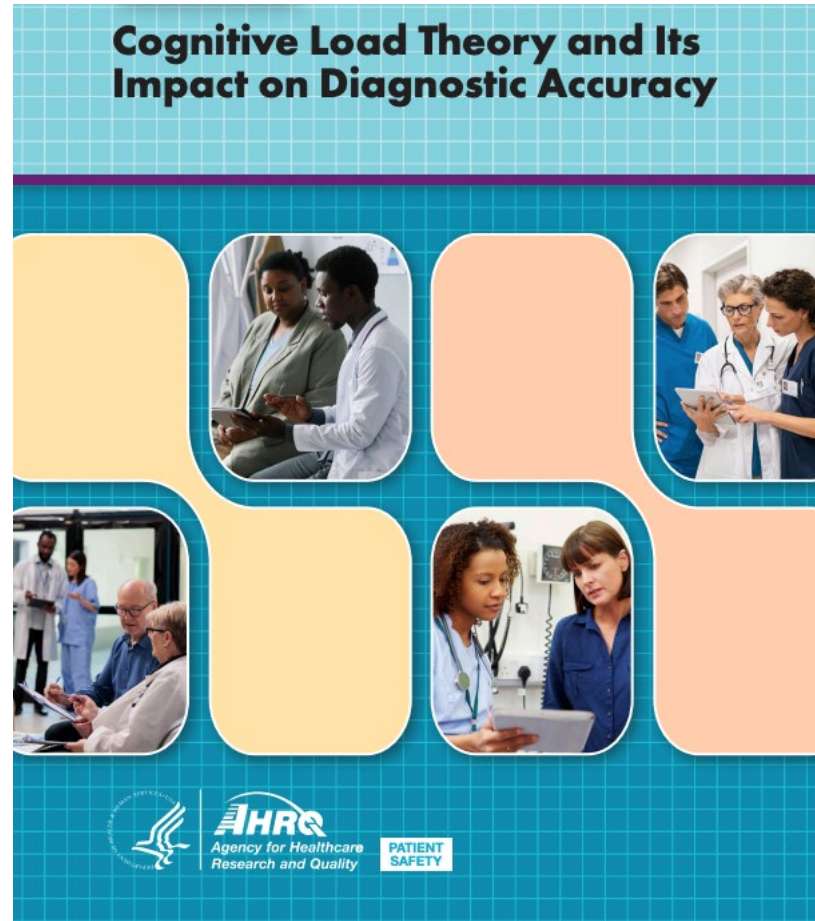
# Drivers of Burnout – how we work

While burnout  
*manifests* in individuals,  
it *originates* in systems.



- EHR is not routinely optimized for clinical practice
- Practice inefficiencies, lack of teaming, and obstacles in patient care
- Physician task load

# Cognitive Load and Diagnostic Accuracy



“Diagnostic reasoning has historically been treated as intrinsic to the individual clinician, likely due to difficulty visualizing and measuring cognition based on the inherent complexity and internal nature of mental processes. However, there is now growing recognition that cognition is complex and affected by context, cognitive biases, resources, and physical, social, and technological environments.”

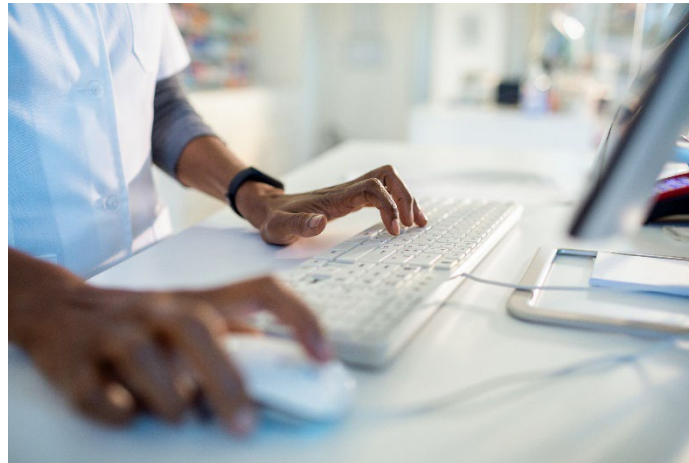
# Everyday examples, obstacles, and cognitive overload

I am frequently interrupted to enter computer orders while I am taking care of my patients.



My patient keeps missing appointments and going to the ED at night because they don't have transportation.... I can't get any help for them.

Reconciling and renewing medications is hard to do in our computer system and I don't always have the information I need.



I keep a tickler list of important referrals to ensure that my patients get an appointment.... I never know if my referrals are successful.

# Strategies, Solutions, Safety

# Overview of Solutions for Burnout

**Culture and organizational resilience:** our leaders, our practice culture, and our commitment to well-being drives joy in practice.

1. Wellness-centered leadership
2. Culture of wellness



**Stanford WellMD Model**

**Efficiency of practice:** the system we work in impacts our ability to care for patients in an efficient and effective manner:

1. EHR optimization and in-basket reduction
2. Team-based care
3. Practice infrastructure and operations
4. Reduce administrative and regulatory burden

# AMA STEPS Forward® Playbook Series

AMA STEPS Forward® playbooks combine the best elements of our open-access program—toolkits, webinars, podcasts, success stories, and ready-to-use resources—into topical guides with **practical, actionable strategies** and tactics to help you create change in your practice.



AMA | STEPSforward

## Taming the Electronic Health Record Playbook



AMA | STEPSforward

## Saving Time Playbook



AMA | STEPSforward

## Wellness-Centered Leadership Playbook



from the AMA STEPS Forward® Playbook Series

AMA | STEPSforward

## Private Practice Playbook



from the AMA STEPS Forward® Playbook Series

# Taming Technology: EHR



Innovations in Care Delivery

IN DEPTH

## In-Basket Reduction: A Multiyear Pragmatic Approach to Lessen the Work Burden of Primary Care Physicians

Jane F. Fogg, MD, MPH, Christine A. Sinsky, MD

Vol. 4 No. 5 | May 2023

DOI: 10.1056/CAT.22.0438



AMA | STEPSforward



## EHR Inbox Reduction Checklist for Health Care Organizations

Eliminate unnecessary burdens and improve workflows in the EHR at the organizational level with this checklist.

[A system-level approach to EHR inbox reduction | American Medical Association \(ama-assn.org\)](#)

# Share the Necessary Work: Team Care & Workflows

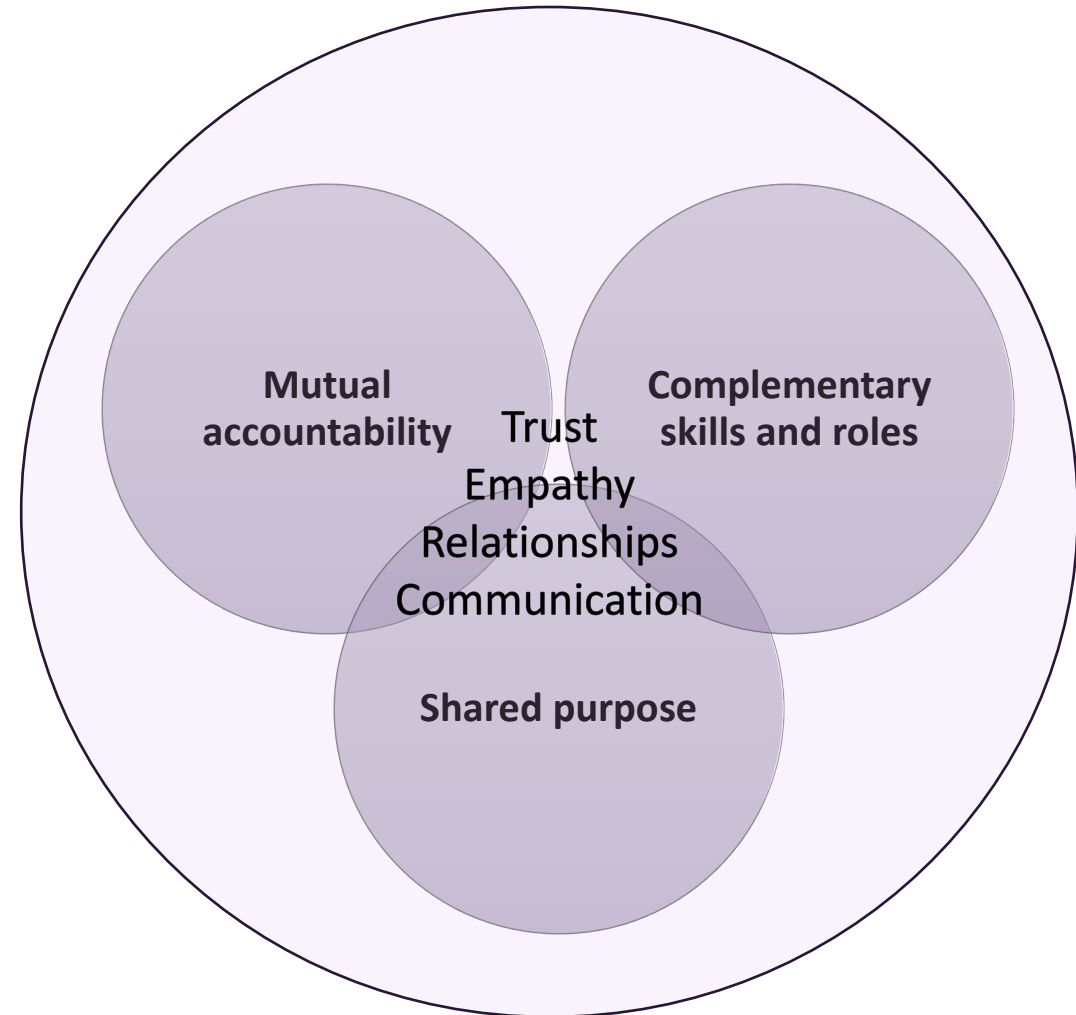
Key workflows to save time and share the work:

- Pre-visit planning and pre-visit laboratory testing
- Advanced rooming and discharge
- Team documentation
- Annual prescription renewals and medication management
- EHR inbox and patient portal management

[Saving Time Playbook: Stop Unnecessary Work, Share Necessary Tasks With the Broader Team, and Gain Leadership Support | Workflow and Process | AMA STEPS Forward | AMA Ed Hub \(ama-assn.org\)](#)

# Share the Necessary Work: Team Care & Workflows

- High functioning teams have a shared purpose, mutual accountability, and a mix of skills and roles
- The values of trust, empathy, relationship, and communication are essential to their success
- Take time to assess your team's strength before implementing new workflows and roles!



# Practice Operations and System of Care

*When a practice runs well, doctors trust that their patients' experience and needs will be met across the care continuum.*

## Examples

- Referral systems that ensure access across departments and closed loops
- Care for urgent and 24/7 needs – telecom, on-call, off hours care
- Shared services to support health related social needs
- Reliable clinical operations – scheduling, telephone, telehealth, cross coverage, care coordination across departments
- Timely communication and access to relevant clinical information at every point of care.

# Reducing Regulatory and Rule Burden

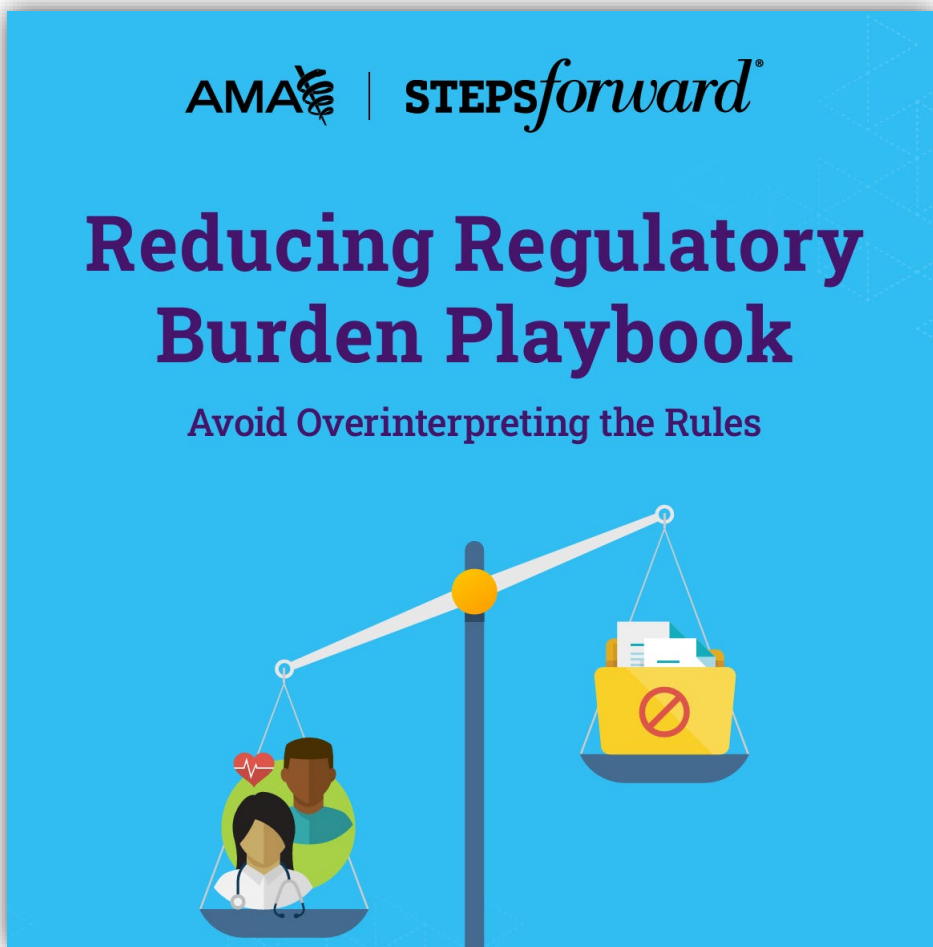
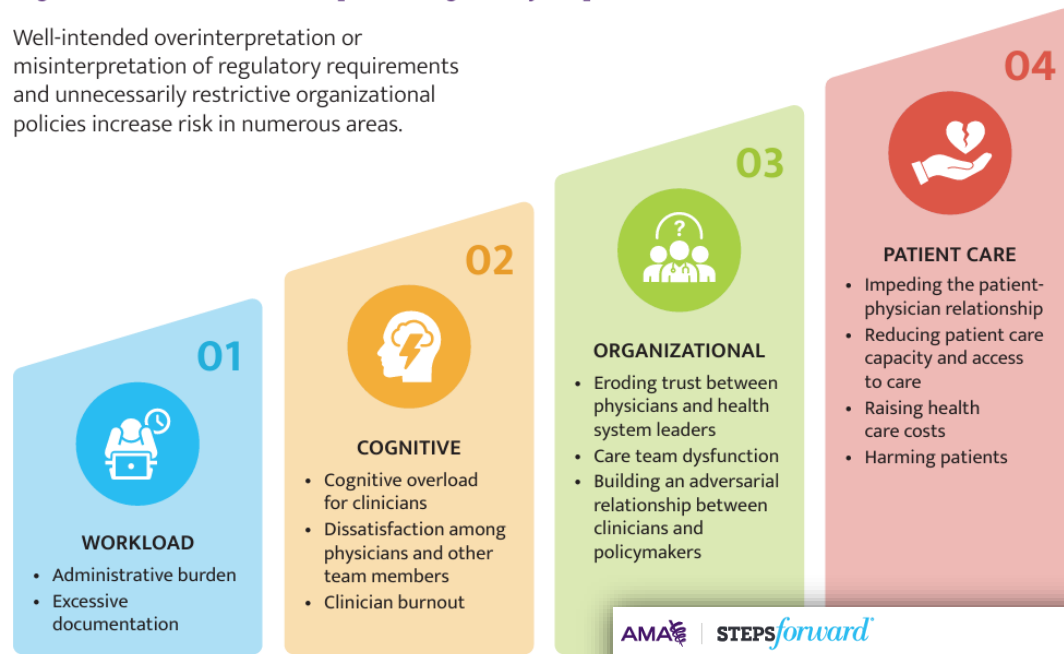


Figure 1. Effects of Overinterpreted Regulatory Requirements<sup>2</sup>

Well-intended overinterpretation or misinterpretation of regulatory requirements and unnecessarily restrictive organizational policies increase risk in numerous areas.



AMA | STEPSforward

## Kaiser Permanente of Southern California removed billions of unnecessary clicks

Many at Kaiser Permanente (KP) Southern California were skeptical about questioning the long-standing workflow of re-entering a system password to file an order. When they investigated, they found no federal agency requirements for this and no compelling reason to keep password authorization for most order entry needs. KP of Southern California no longer requires password revalidation for medication or procedure orders, such as lab and imaging tests.

This change impacted 1.5 billion orders per week.<sup>22</sup>

“

We learned that not all organizations require password authorization [for EHR order entry].

”

**Ken Robinson, MD**  
Physician Lead for Systems Solutions & Deployment, Kaiser Permanente Southern California

# The value of relationships

## Relationships are our Superpower

### • Continuity with patients

- ↑ Quality<sup>1,2</sup>
- ↓ Cost<sup>3,4</sup>
- ↓ ER/Hospitalization<sup>5,6</sup>
- ↓ Mortality<sup>6,7,8</sup>



### Continuity within teams

- ↓ Cost<sup>9,10</sup>
- ↑ Q<sup>10</sup>
- ↑ Access<sup>12</sup>
- ↓ Burnout<sup>13,14</sup>

<sup>1</sup>Humanity & Society. 2009; 33: 56-73  
<sup>2</sup>Ann Fam Med. 2013; 11: 550-559  
<sup>3</sup>BMJ. 2017; 356: j84  
<sup>4</sup>Ann Fam Med. 2015; 13: 206-213  
<sup>5</sup>Health Aff (Millwood). 2015; 34: 1113-1120  
<sup>6</sup>JAMA Intern Med. 2017; 177: 1781-1787  
<sup>7</sup>J Gerontol A Biol Sci Med Sci. 2010; 65: 421-428  
<sup>8</sup>BMC Fam Pract. 2021; 22: 145

<sup>9</sup>Ann Fam Med. 2020; 18: 180  
<sup>10</sup>Ann Fam Med. 2015; 13: 139-148  
<sup>11</sup>JAMIA 2022; 1: :8-15  
<sup>12</sup>Implement Sci. 2019; 14: 22  
<sup>13</sup>Ann Fam Med. 2019; 17: 428-435

## Radical Reorientation of the US Health Care System Around Relationships - Mayo Clinic Proceedings

### COMMENTARY



## Radical Reorientation of the US Health Care System Around Relationships: Rebalancing the Transactional Model

Christine A. Sinsky, MD; Tait D. Shanafelt, MD; and Alexandra M. Ristow, MD

Dr. Christine Sinsky

# Stable Care Teams

ED teams that work together more often have a shorter “door to needle” (DNT) time in acute ischemic stroke care.

Surgeons and anesthesiologists that work together more often have reduce patient morbidity after complex gastrointestinal surgery.

*Journal of the American Medical Informatics Association*, 30(1), 2023, 8–15  
<https://doi.org/10.1093/jamia/ocac201>  
Advance Access Publication Date: 27 October 2022  
Research and Applications



OXFORD

Research and Applications

## **Team is brain: leveraging EHR audit log data for new insights into acute care processes**

Christian Rose <sup>1</sup>, Robert Thombley<sup>2</sup>, Morteza Noshad<sup>3</sup>, Yun Lu<sup>4</sup>, Heather A. Clancy<sup>4</sup>, David Schlessinger<sup>4</sup>, Ron C. Li<sup>3,5</sup>, Vincent X. Liu<sup>4</sup>, Jonathan H. Chen<sup>3,5,6</sup>, and Julia Adler-Milstein<sup>2</sup>

JAMA Surgery | **Original Investigation**

## **Association Between Familiarity of the Surgeon-Anesthesiologist Dyad and Postoperative Patient Outcomes for Complex Gastrointestinal Cancer Surgery**

Julie Hallet, MD, MSc; Rinku Sutradhar, PhD; Angela Jerath, MD, MSc; Pablo Perez d'Empaire, MD; François M. Carrier, MD, MSc; Alexis F. Turgeon, MD, MSc; Daniel I. McIsaac, MD, MPH; Chris Idestrup, MD, MSc; Gianni Lorello, MD, MSc; Alana Flexman, MD; Biniam Kidane, MD, MSc; Yosuf Kaliwal, MPH; Wing C. Chan, MPH; Victoria Barabash, MSc; Natalie Coburn, MD, MPH; Antoine Eskander, MD, ScM

# Stable Care Teams

1:1 stable pairings MA:MD

- ↑ RVUs (11%)
- ↑ A1c control, Pap smears, depression screening
- ↑ MD satisfaction
- ↑ MA retention

## INNOVATIONS IN PRIMARY CARE

### Reinventing the Medical Assistant Staffing Model at No Cost in a Large Medical Group

Nadim M. Ilbawi, MD<sup>1,2</sup>

Monica Kamieniarz, RN MSN<sup>1</sup>

Avisek Datta, MS<sup>1</sup>

Bernard Ewigman, MD, MSPH<sup>1,2</sup>

<sup>1</sup>Department of Family Medicine, NorthShore University Health-System, Lincolnwood, Illinois

<sup>2</sup>University of Chicago, Chicago, Illinois

*Ann Fam Med* 2020;18:180. <https://doi.org/10.1370/afm.2468>.

#### THE INNOVATION

Mounting nonclinical burdens, declining staff ratios, and rotating staff in large medical groups increase burnout and hamper the joy of primary care practice.<sup>1</sup> Some systems invest heavily in additional staff and training to offload this nonclinical work from physicians.<sup>2,3</sup> We reorganized our existing medical assistant (MA) staffing model from rotating assignments to a matched pairing of 1 MA to each physician. We created a structured approach to personalize methods of improving efficiency, productivity, quality, and job satisfaction for each pair.

#### WHO & WHERE

One primary care practice in NorthShore University Health System, a large US integrated health system.

#### HOW

We matched 7 MAs each with 1 of the 5 family physicians or 2

greater efficiencies. Each MA knew when to perform these tasks based on chief complaint, whether the physician was on schedule or not, and clinician preference (eg performing strep tests before vs after physician evaluation). This greatly reduced delays and decreased the communication needed for each patient. These efficiencies as well as preclinic huddles allowed options for double booking and other same day schedule changes which improved the workday flow substantially. Additionally, this created a more coordinated team-based experience for patients.

As trust increased due to better shared understanding, physicians also delegated more tasks that had not been routinely performed by these MAs in the rotating model. Examples include pending orders for appropriate screening tests and labs, assistance with physician in-basket management, and follow-up directly with patients to assure adherence to agreed-upon care plans. Some physicians also entrusted their MAs to close the visit by summarizing after-visit care instructions.

Finally, all MAs assisted directly with achieving quality metrics. All MAs continued working full time (40 hours per week) and synchronized schedules with their physician. Full-time physicians had 30 to 34 scheduled patient hours; MAs therefore had 6 to 10 hours of nonpatient visit hours devoted to improving quality metrics and other patient outreach. Examples of tasks performed included scheduling follow-up appointments, documenting completed preventive-care measures (screening procedures and laboratory tests) that were completed outside our system, and following up on home blood pressure readings. In the rotating staff model, physicians performed most if

# High Cost of Broken PCP-Patient Relationships

PCP turnover increases health care spending:

- \$1B per year in excess healthcare expenditures
- \$260M attributed to PCP turnover from burnout
- \$189 per Medicare pt; \$61 per non-Medicare pt
- \$86K per departing PCP

## Health Care Expenditures Attributable to Primary Care Physician Overall and Burnout-Related Turnover: A Cross-sectional Analysis

Christine A. Sinsky, MD; Tait D. Shanafelt, MD; Liselotte N. Dyrbye, MD, MHPE; Adrienne H. Sabety, PhD; Lindsey E. Carlasare, MBA; and Colin P. West, MD, PhD

### Abstract

**Objective:** To estimate the excess health care expenditures due to US primary care physician (PCP) turnover, both overall and specific to burnout.

**Methods:** We estimated the excess health care expenditures attributable to PCP turnover using published data for Medicare patients, calculated estimates for non-Medicare patients, and the American Medical Association Masterfile. We used published data from a cross-sectional survey of US physicians conducted between October 12, 2017, and March 15, 2018, of burnout and intention to leave one's current practice within 2 years by primary care specialty to estimate excess expenditures attributable to PCP turnover due to burnout. A conservative estimate from the literature was used for actual turnover based on intention to leave. Additional publicly available data were used to estimate the average PCP panel size and the composition of Medicare and non-Medicare patients within a PCP's panel.

**Results:** Turnover of PCPs results in approximately \$979 million in excess health care expenditures for public and private payers annually, with \$260 million attributable to PCP burnout-related turnover.

**Conclusion:** Turnover of PCPs, including that due to burnout, is costly to public and private payers. Efforts to reduce physician burnout may be considered as one approach to decrease US health care expenditures.

Sinsky et al, MCP March 2022

[https://www.mayoclinicproceedings.org/article/S0025-6196\(21\)00709-6/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(21)00709-6/fulltext)

# Professional Satisfaction



Marie Brown, MD



Jane Fogg, MD



Kevin Hopkins, MD



Jill Jin, MD



Christine Sinsky, MD



Margaret Lozovatsky, MD



Research,  
Measure, Act,  
Recognize,  
Convene

# AMA Professional Satisfaction

- **Measurement:** AMA Organizational Biopsy®
- **Act:** Steps Forward ® , mentoring, speaking
- **Recognize:** AMA Joy in Medicine™ Health System Recognition Program
- **Convene:** ACPH & ICPH, Boot Camps, Learning Collaboratives
- **Research:** National burnout survey and derivatives q 3 yr, EHR event log research, Data Lab research

AMA Professional  
Satisfaction Unit



Research, Measure, Act,  
Recognize, Convene



# Questions and Comments?

Dr. Jane Fogg is the former Executive Chair of Atrius Health Internal Medicine Family Medicine service line (2016-2023), a value based, primary care centered organization. Prior to this, she was the Medical Director of Adult Medicine at The Dimock Center, an FQHC in Roxbury, MA (1996-2004). Subsequently, she led primary care practice redesign and systems level transition from volume to value based care in the Beth Israel Lahey academic health system in Boston (2004-2016). She joined the AMA PS2 team October 2023 is currently the Physician Director of Organizational Transformation, Professional Satisfaction, adjunct faculty at the HMS Primary Care Center, and is a lecturer at Harvard Medical School.



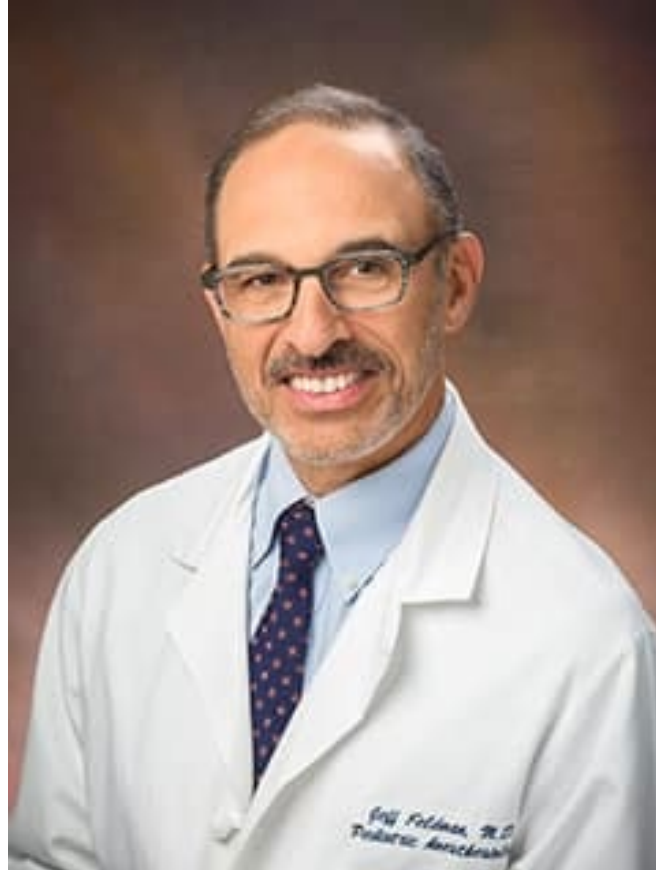
**Physicians' powerful ally in patient care**

# Speaker Welcome



**Dr. Bruce Hansel, PhD, CCE**  
Chief Scientist, Device Safety, ECRI

# Speaker Welcome



**Jeffrey Feldman, MD, MSE, FASA**

Senior Anesthesiologist, Children's Hospital of Philadelphia  
University of Pennsylvania, and Chair of the Committee on Technology for the Anesthesia Patient Safety Foundation

# Surgical Fire Prevention: Technical and Clinical Application

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National Action Alliance

Making Healthcare Safer by Design: Redesigning for Safety, Efficiency and Burden Reduction

Bruce Hansel, PhD, CCE, Chief Scientist, Device Safety, ECRI

Jeffrey Feldman, MD, MSE, FASA, Attending Anesthesiologist, CHOP, Adjunct Professor of Clinical Anesthesiology, Perelman School of Medicine

# Agenda

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- Hazard Identification, Investigation, and Remediation
- “Quick Fixes” – Engineering Solutions to Clinical Hazards
- Surgical Fire Prevention
- Clinical Implications of Prevention Strategies

# Hazard Identification, Investigation, and Remediation

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## Awareness and Reporting

Problem reporting through ECRI, PSO, and internal programs. Maintain compliance with state and federal requirements.



## Investigation and Communication





Internal or external investigation, identify root causes, determine if technical hazard exists, communicate hazards



## Engineering Solutions

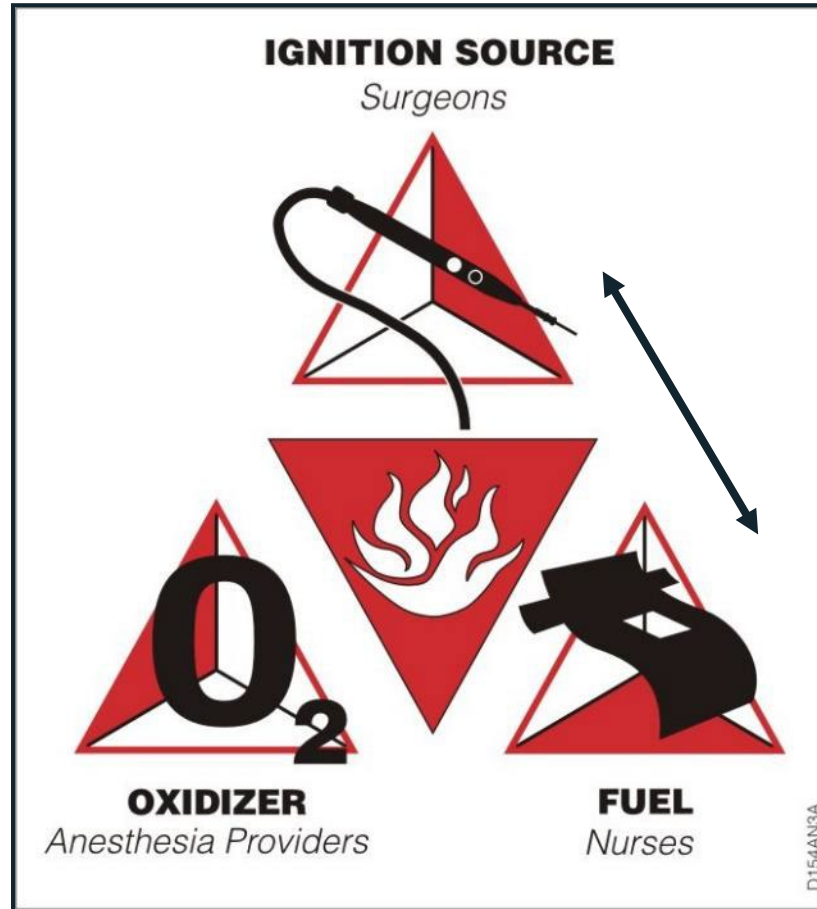
Implement technical, systems based, human factors-oriented solutions and continuously monitor effectiveness by problem reporting / post-market surveillance.

# Health Technology Hazards: “Quick Fixes”

<u>2024</u> <u>#7</u> 	<u>2023</u> <u>#3</u> 	<u>2023</u> <u>#6</u> 	<u>2023</u> <u>#7</u> 
<b>Increased Burn Risk with Single-Foil Electrosurgical Return Electrodes</b>	<b>Inappropriate Use of Automated Dispensing Cabinet (ADC) Overrides Can Result in Medication Errors</b>	<b>Inflatable Pressure Infusers (IPIs) Can Deliver Fatal Air Emboli from IV Solution Bags</b>	<b>Confusion Surrounding Ventilator Cleaning &amp; Disinfection Requirements Can Lead to Cross-Contamination</b>
Adult patients are placed at an unnecessary risk of burns during electrosurgery when single-foil conductive return electrodes are used instead of dual-foil electrodes or other safer options.	ADCs should be configured to require pharmacist approval prior to allowing access to a drug. Use of an ADC’s override feature should be routinely tracked and monitored.	Avoid the use of IPIs for continuous infusion through vascular sheaths and catheters that terminate in the left heart. Even small amounts of air introduced in this location can be fatal.	ECRI challenges manufacturers to provide instructions for cleaning & disinfecting ventilator components that are complete, clear, well documented, and realistically achievable.

# Surgical Fire: Preventable

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- Fuel: Prep solution, drapes, towels
- Oxidizer: Oxygen, nitrous
- Ignition: ESU, laser, cautery

# Fire Prevention: Nuclear and Airline Industries

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- Nuclear
  - Extensive policies on fire prevention, fire identification, and fire extinguishing
  - Two approaches to manage fire safety:
    - “Deterministic fire protection”: system-based approach – components will survive a fire
    - “Risk-informed, performance-based fire protection”: focus fire protection activities *on areas of greatest risk*
- Airline
  - In-flight fire prevention: Limit possibility of fire (e.g. no smoking in lavatory)
  - Post-crash fire survivability: Material flammability and insulation

# Surgical Fire: Areas of Greatest Risk

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- Anatomic Locations
  - 44% Face, Head, Neck, Upper Chest
  - 21% Airway
  - 26% Elsewhere ON body
  - 8% Elsewhere IN body
- **>70% involve oxygen enrichment**

# Surgical Fire Harm: Preventable

- Use pre-op time-out to assess fire risk and discuss mitigation efforts.
- Allow 3-min dry time for prep before draping. Watch for pooling.
- Secure patient airway if supplemental O<sub>2</sub> is required.
- If open delivery is used – reduce O<sub>2</sub> to less than 30%.



## SURGICAL FIRE TIME-OUT TEAM COMMUNICATION IS KEY

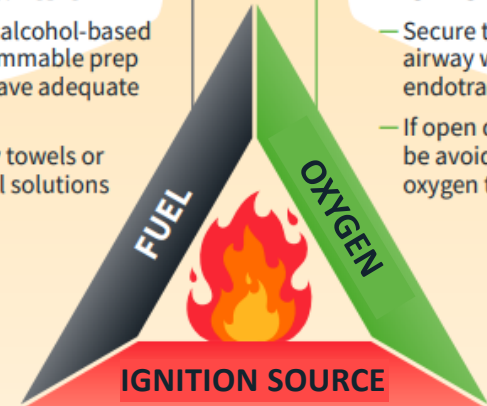
Before performing procedures above the xiphoid process that involve an ignition source in the field, review each side of the fire triangle for strategies to reduce the risk of fire.

### PREP & DRAPE

- Ensure any alcohol-based or other flammable prep solutions have adequate time to dry
- Don't apply towels or drapes until solutions are dry

### OXYGEN CONTROL

- Secure the patient's airway with LMA or endotracheal tube
- If open delivery cannot be avoided, reduce oxygen to less than 30%



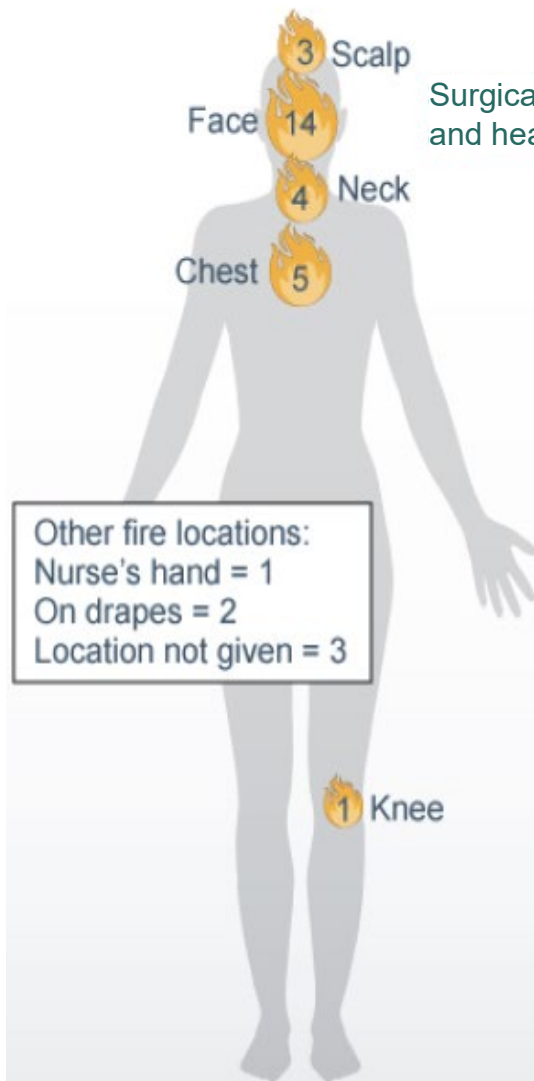
### IGNITION SOURCE ACTIVATION

- Alert the oxygen administrator that you're about to use an ignition source (e.g., electrosurgical unit, laser, cautery device), and maintain communication throughout the procedure
- Activate the electrosurgical unit only while the electrode tip is in contact with the patient
- Place the electrosurgical electrode in a holster or another location off the patient when not in active use

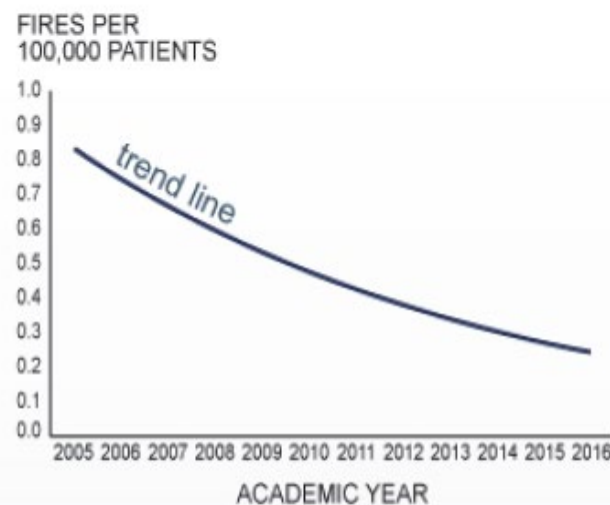
Procedures occurring below the xiphoid process have less fire risk and may employ open oxygen delivery.



# Incidence of Surgical Fires Improves in Pennsylvania



Surgical fires near the upper chest, neck, both internal and external, and head which occurred in oxygen-enriched atmospheres



Surgical fires per 100,00 surgical procedures dropped from **0.83** (AY2005 through 2011) to **0.24** (AY2011 through 2016)

71%

If the downward trend continues, the incidence of surgical fires in Pennsylvania can diminish to—  
**a single fire**  
by AY2032

AY2011 to 2016

MS570

Pa Patient Saf Advis 2018 Jun;15(2). [http://patientsafety.pa.gov/ADVISORIES/Pages/201806\\_SurgicalFires.aspx](http://patientsafety.pa.gov/ADVISORIES/Pages/201806_SurgicalFires.aspx).  
Fires, surgical [patient safety topic]. 2007. [http://patientsafety.pa.gov/pst/Pages/Fires\\_Surgical/hm.aspx](http://patientsafety.pa.gov/pst/Pages/Fires_Surgical/hm.aspx).

**Note:** Academic years (AY) are for the 12 months ended June 30 of each year.

**Is the patient at risk of surgical fire?**

(Procedures involving the head, neck and upper chest/above T5 and use of an ignition source in proximity to an oxidizer).

No

**Proceed but reassess for changes in fire risk frequently.**

Yes

**Does patient require oxygen supplementation?**

No

**Room air sedation.**

Yes

**Is >30% oxygen concentration required to maintain oxygen saturation?**

No

**Use delivery device such as blender or common gas outlet to maintain oxygen below 30%.**

Yes

**Secure airway with endotracheal tube or supraglottic device.**

# Surgical Fire Response

- Immediate action
- Mitigate risk of injury
- Protect patient, protect staff, protect equipment



## KNOW YOUR PART WHEN RESPONDING TO A SURGICAL FIRE

### Oxygen Control

### Scrubbed Personnel

### Unscrubbed Personnel

#### *Immediately*

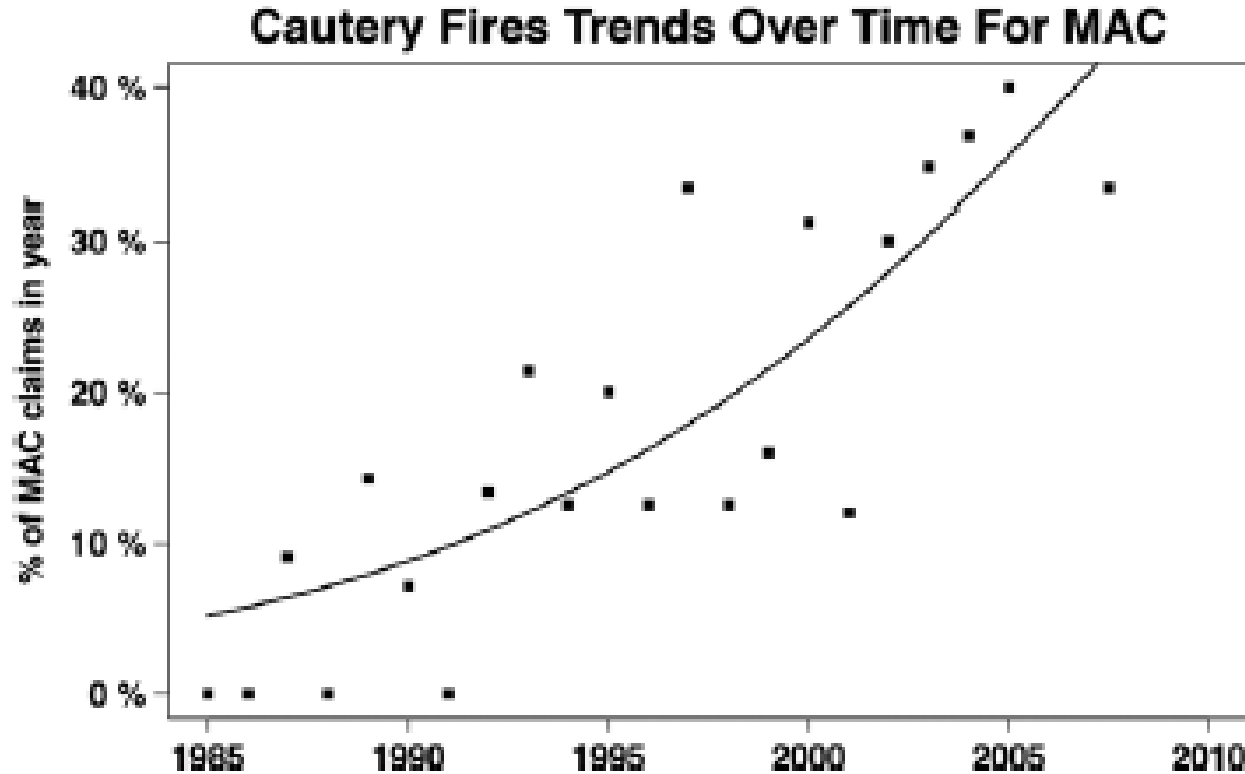
*Any staff member should announce the presence of fire to the surgical team*

- Turn off flow of oxygen or other oxidizer
- In case of airway fire, disconnect and remove ET tube; pour sterile saline/water into the airway to extinguish any burning material
- Assess the patient's respiratory status

- Remove any burning material from the patient (e.g., throw drapes onto the floor)

- Extinguish burning materials (e.g., drapes thrown onto the floor)
- If the fire is too large to smother or to extinguish with sterile saline/water, retrieve a 5 lb CO<sub>2</sub> fire extinguisher
- Assign a staff member to stand at the OR entrance and direct the response team

# 99% of Cautery Fires during MAC



fires claims. Recognition of the fire triad (oxidizer, fuel, and ignition source), particularly the critical role of supplemental oxygen by an open delivery system during use of the electrocautery, is crucial to prevent OR fires. Continuing education

Ref: Mehta, SP. Anesthesiology, 2013:118;1133–1139

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SMOKING GUN - Auxiliary O2 Flowmeter

# ASA Advisory

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tion source is about to be activated. The anesthesiologist should (1) *stop* the delivery of supplemental oxygen or *reduce* the delivered oxygen concentration to the minimum required to avoid hypoxia and (2) *wait* a few minutes after reducing the oxidizer-enriched atmosphere before approving the activation of the ignition source.

ery system will reduce the risk of ignition. Routine delivery of supplemental oxygen in an open system is to be avoided.

# Critique of ASA Advisory

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- Allows for Open Delivery of Oxygen
- Auxiliary oxygen flowmeters deliver 100% oxygen
- Cannot measure Oxygen concentration in the field
- More importantly...
  - Surgeon notifies intention to use an ignition source
  - Anesthesia professional stops oxygen flow and waits ...
  - Is there a high concentration of oxygen in the field?
  - If the patient requires oxygen to prevent hypoxemia, what do you do when the oxygen is turned off?

# Opportunities to Ensure Surgical Fire Prevention

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- Culture
  - Surgical team recognizes value of controlling the airway *even in short procedures*
  - Anesthesia provider recognizes the risk of delivering 100% oxygen
- Education
  - Teach sedation techniques that do not require enriched oxygen concentrations
- Technology
  - Oxygen/Air blender ***STANDARD*** at every anesthetizing location

# Key Takeaways

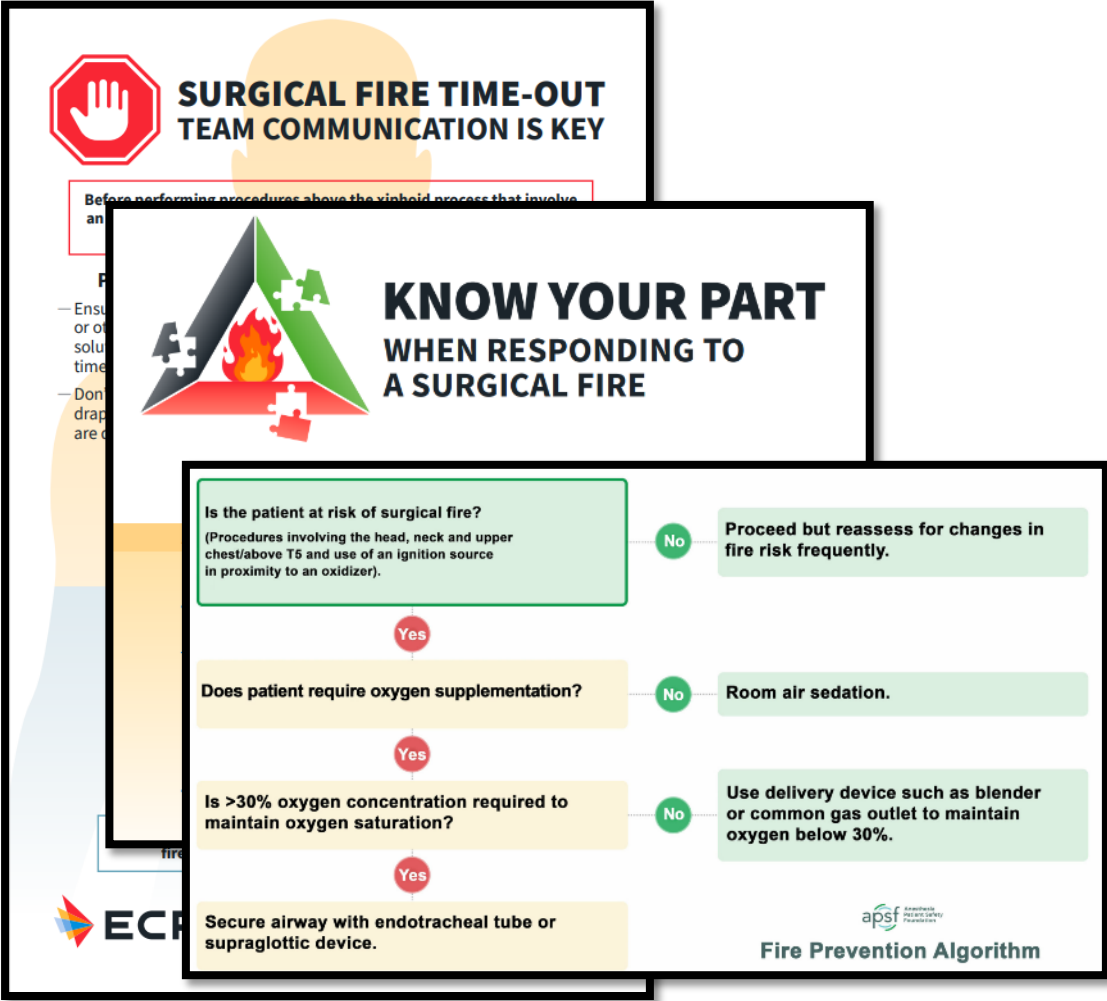
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- Patients
  - Ask your surgical team how you will be anesthetized.
  - What are the fire prevention strategies?
- Engineers
  - Design equipment that will foster compliance with prevention strategies e.g. ready access to oxygen/air blenders.
- Providers
  - Time out to identify high-risk scenarios and agree on prevention strategies, especially oxygen delivery.

# Resources



APSF.ORG/FIRE

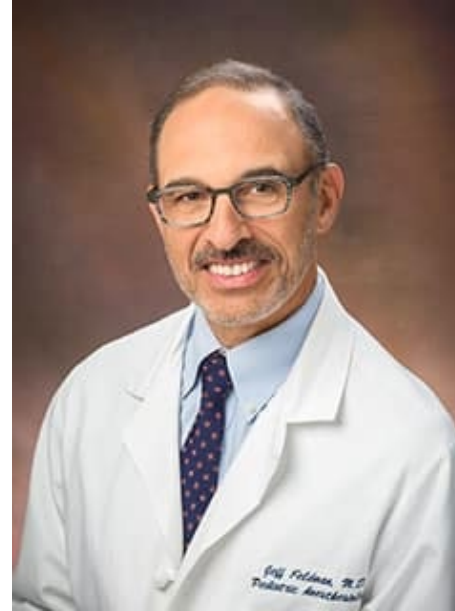


# Contact Information

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APSF Board of Directors





Thank You

# Question & Answers

# Let Us Know!

**Based on what you have learned today, what will you do to "re-design" a safety challenge you have within your system?**

**\*Please submit your response in the chat**

# Upcoming Events of Interest



## SOPS®

[About the SOPS Program](#)

[SOPS Surveys](#)

[SOPS Databases](#)

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**[SOPS Webcasts](#)**

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# Enhancing Surgical Team Communication: SOPS® and TeamSTEPPS® in Action (Webcast)

**Date:** July 25, 2024

**Time:** 1:00-2:30 p.m. ET

## Description

This webcast will provide background on AHRQ's [Surveys on Patient Safety Culture® \(SOPS®\) Program](#), the [TeamSTEPPS® 3.0](#) team training curriculum, and how the use of TeamSTEPPS improves SOPS scores. A representative from the University of North Carolina Division of Healthcare Engineering will highlight how concepts drawn from SOPS Hospital Survey and TeamSTEPPS resources were applied to virtual reality training, and how these efforts improved patient safety culture and team communication in the hospital surgery department.

[Register](#)



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Registration is open and can be found on the AHRQ website.

# Thank You!

Announcing the Next NAA Monthly National Webinar  
**Promoting Safe Care Everywhere by Leveraging a Competency Framework**

**August 20, 2024  
12:00 – 1:00 PM ET**

Registration is open and can be found on the NAA website  
<https://cma.ahrq.gov/actionallianceaugust>

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