Illustration:
Man with a sore throat

Text:
What is strep throat?
•Strep throat is a sore throat caused by a bacterial infection.
•Strep throat can cause high fevers, swollen glands in the neck, and white patches on the tonsils. 
•A strep throat bacterial infection usually does not give you a cough or runny nose. Sore throats caused by viruses often include cough and runny nose. 
•A strep test may help your healthcare provider decide if strep bacteria is causing your sore throat. 

What should I do to feel better?
•If you get an antibiotic prescription, fill it, and take it as directed. 
-Antibiotics only help sore throats caused by a bacterial infection like strep and not sore throats caused by viruses. 
•To help your throat pain and fever, your healthcare provider may also tell you to:  
-Take medicines like acetaminophen or ibuprofen (commonly known as Tylenol® or Advil®).*
-Use throat lozenges or drink warm tea with honey.
•Strep throat spreads easily, so wash your hands often. 
 
When will I feel better?
•Your fever and sore throat should improve in 1 to 3 days.  

Text in box:
Contact your healthcare provider if:

•You do not start feeling better after 72 hours
•You have trouble swallowing or get neck pain
•You have persistent high fevers (above 102°F)

Disclaimer:
This document is intended to provide health-related information so that you may be better informed. It is not a substitute for you healthcare provider's medical advice and should not be relied upon for treatment for specific medical conditions.

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Directions for Adding Your Logo to Your Document

If you chose to add a logo to this document, you can place it in the footer, below the article development content.

**Steps:**

1. Open the footer section (either double click in the footer section of the document or go to the “Insert” tab-> select the drop-down menu for “Footer” **→** and click on “Edit Footer”).
2. Make sure your cursor is below the bottom line (or wherever you want your logo).
3. Go to the “Insert” tab.
4. Click on “Pictures” from the “Insert” tab.
5. A window will pop up so you can search your computer for the logo. Select your logo (.jpg or .png format) and click the insert button.
6. Your logo will appear in your footer. If you are happy with the placement, skip step 7.
7. \*\* If you want to move the logo image around, click on the logo-> go to the   
   “Format” tab -> click on the “Wrap Text” drop-down menu -> and select “In front of text.” This formatting will allow you to move the logo freely around the screen.
8. When you are satisfied with the placement of the logo, exit the footer section (either double click outside of the footer area or go to the “Design” tab-> and click the “Close header and footer” button).

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