



## Urinary Incontinence Exam Room Poster

**Resource Description:** This document shows a poster that participating primary care practices in the EMPOWER study hung up in their exam rooms. This poster explains what urinary incontinence is and encourages women to complete a screening questionnaire.

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## Women: Are you experiencing bladder leakage?

**Bladder leakage is common and treatable.**

**Symptoms include:**

- Leaking urine during coughing, laughing, sneezing, exercise
- Feeling a sudden need to use the bathroom
- Urinating many times during the day and night
- Leaking urine before you reach the toilet

**Complete a screening questionnaire  
to rate your symptoms.**



Scan the QR code or visit  
**[UHhospitals.org/Ulscreening](https://UHhospitals.org/Ulscreening)**

*The information you provide will be added  
to your medical record.*





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