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Urinary Incontinence EHR Materials

WI-INTUIT Team – University of Wisconsin

**Resource Description:** This is a guide the WI-INTUIT created for primary care practices to identify local pelvic floor physical therapists, urologists, and urogynecologists and create a referral list.

This project was funded under grant number U18HS028738 from the Agency for Healthcare Research and Quality (AHRQ), U.S. Department of Health and Human Services (HHS). The authors are solely responsible for this document’s contents, findings, and conclusions, which do not necessarily represent the views of AHRQ or of HHS. Readers should not interpret any statement in this report as an official position of AHRQ or of HHS. None of the authors has any affiliation or financial involvement that conflicts with the material presented in this report.

# Urinary Incontinence (UI) EHR Documents

**Referral** **list creation instructions**:

Referrals to pelvic floor physical therapy, urogynecology, or urology can be helpful for women with urinary incontinence. You can build a list of referral resources in your area by using the following resources: [www.apta.org](http://www.apta.org/), [www.pelvicrehab.com](http://www.pelvicrehab.com/), [www.voicesforpfd.org](http://www.voicesforpfd.org/), and [www.webmd.com](http://www.webmd.com/).

**Follow the step-by-step instructions below to build your referral list:**

* **Pelvic floor physical therapy:** You can use either the American Physical Therapy Association or Pelvic Rehab websites to identify pelvic floor physical therapists in your area. The INTUIT team recommends utilizing both websites to boost your results.
	+ Search the American Physical Therapy Association’s website ([www.apta.org)](http://www.apta.org))::
		- Navigate to “Find a Physical Therapist Near You”
		- Within the search feature, type “Pelvic Health” and select “<30 miles” as your distance
			* If less than 4 results appear, remove the “pelvic health” filter, but clearly identify on your resource sheet if it is a general physical therapist and recommend the clinic to better understand what services are offered.  Alternately, make the call yourself and list only those who report offering pelvic health services.
	+ Search Pelvic Rehab’s website ([www.pelvicrehab.com](http://www.pelvicrehab.com/)):
		- Use the “Find a Pelvic Rehab Practitioner” tool to identify pelvic floor therapists in the desired parameter.
		- Use the map function to narrow results to the desired proximity.
			* Once you have identified pelvic floor physical therapists near you, enter the following information on page 2 of this referral template for each physical therapist: 1) clinic name, 2) clinic address, 3) clinic phone number, and 4) the names of therapists at the clinic who are pelvic floor physical therapists.
			* We recommend you group physical therapists by their health system.
			* If no therapists are found within the 25 to 30 miles, consider expanding your search to 50 miles or to the closest large city. Indicate on your sheet the parameters used.
* **Urogynecology:** You can use the Voices for Pelvic Floor Disorders ([www.voicesforpfd.org](http://www.voicesforpfd.org/)) website:
	+ Navigate to “Find a Provider”
	+ In the search tool: 1) enter your location, 2) locate urogynecologists within 25 miles of your clinic, and 3) select show all results (do not select any of the listed specialties)
		- * If no results, expand search to 50 miles and add results.
			* If still no results, search largest nearby city (e.g., Minneapolis) to provide at least 1 option for a board-certified urogynecologist.
			* Indicate on the referral sheet what distance parameters were used.
	+ Once you have identified urogynecologists near you, enter the following information on page 3 of this referral template for each urogynecologist: 1) clinic name, 2) clinic address, 3) clinic phone number, and 4) the names of urogynecologists at the clinic.
	+ We recommend you group urogynecologists by their health system
* **Urology:** You can use the WebMD Urology Health ([www.webmd.com](http://www.webmd.com/)) website:
	+ Navigate to “Find a Doctor”
	+ In the search tool type “Female urology”
	+ Apply a 25-mile radius filter
		- * If no results appear, expand your search to 50 miles and add results to page 4 of this referral template.
			* If still no results, search the largest nearby city (e.g., Minneapolis) to provide at least 1 option for a board-certified urologist.
			* Indicate on the referral list what distance parameters were used.
	+ Once you have identified urologists near you, enter the following information on page 4 of this referral template for each urologist: 1) clinic name, 2) clinic address, 3) clinic phone number, and 4) the names of urologists at the clinic.
	+ We recommend you group urologists by their health system

\*Note: If you are a clinician in a large health system (e.g., Ascension) use your health system’s website to search for female urinary incontinence providers (physical therapists, urogynecologists, and urologists). You can then make a distinct box under each division and title e.g., “Ascension Female UI Physical Therapists”.

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