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Female Primary Care Urinary Incontinence Screening Questions

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**Resource Description:** This resource contains options for screening for urinary incontinence in your practice for both English and Spanish speakers.

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# English Screening

**Options for UI Screening (may be done verbally, on paper, or electronically) - English**

3IQ – The 3 Incontinence Questions

*Can choose just the first question, or for additional details about type of urinary incontinence, can add question 2 or questions 2 and 3.*

1. During the last 3 months, have you leaked urine (even a small amount)?
	* No → Stop
	* Yes → Go to next question

nDuring the last 3 months, did you leak urine (check all that apply):

* + When you were performing some physical activity, such as coughing, sneezing, lifting, or exercise?
	+ When you had the urge or feeling that you needed to empty your bladder, but you could not get to the toilet fast enough?
	+ Without physical activity or a sense of urgency?

1. During the last 3 months, did you leak urine most often (check only one):
	* When you are performing some physical activities, such as coughing, sneezing, lifting, or exercise?
	* When you had the urge or feeling that you needed to empty your bladder, but you could not get to the toilet fast enough?
	* Without physical activity or a sense of urgency?
	* About equally as often with physical activities as with a sense of urgency?