

**The purpose of this survey is to understand your perceptions of your work environment. No one will see any of your answers linked to your name. All responses to this survey will be reported only as summary results.**

| <b>Please rate your level of agreement with the following statements about your practice.</b> <i>(Select only one response. You can put a √ or x in the circle, no need to fill in the circle.)</i> | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Mistakes have led to positive changes here.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. I have many opportunities to grow in my work.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. People in our practice actively seek new ways to improve how we do things.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. People at all levels in this office openly talk about what is and isn't working.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. Leadership strongly supports practice change efforts.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. After trying something new, we take time to think about how it worked.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. Most of the people who work in our practice seem to enjoy their work.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. It is hard to get things to change in our practice.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. This practice is a place of joy and hope.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. This practice learns from its mistakes.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11. Practice leadership promotes an environment that is an enjoyable place to work.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12. People in this practice operate as a real team.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13. When we experience a problem in the practice, we make a serious effort to figure out what's really going on.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14. Leadership in this practice creates an environment where things can be accomplished.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. We regularly take time to reflect on how we do things.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 16. Most people in this practice are willing to change how they do things in response to feedback from others.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17. I can rely on the other people in this practice to do their jobs well.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. Difficult problems are solved through face-to-face discussions in this practice.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19. Members of this practice are able to bring up problems and tough issues.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20. Our practice does a good job of assessing patient needs and expectations.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| Please rate your level of agreement with the following statements about your practice. (Select only one response. You can put a √ or x in the circle, no need to fill in the circle.) | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 21. Our practice uses data from patients to improve care.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22. Our practice uses data on patient expectations and/or experience when developing new services.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Your practice is participating in a national program to prevent heart attacks, strokes, and other cardiovascular events. Over the next 12 months, with help from a practice coach, your practice will implement several changes to improve heart health care, including:

- Improving care by building care planning templates and clinical decision support in your EHR
- Increasing care coordination by redesigning workflow and strengthening team-based care
- Tailoring treatment using cardiovascular risk calculators and shared decision-making tools
- Expanding capabilities to manage patient panels through registries, dashboards, and analytic tools
- Enhancing patient self-management through education and links to programs in your community

| Please share your perspective on your practice's readiness to implement these changes. Please think about these changes as a <b>package</b> . (Select only one response. You can put a √ or x in the circle, no need to fill in the circle.) | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 23. Our practice is ready to implement these changes.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24. We are committed to implementing these changes.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25. We can keep track of progress in implementing these changes.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26. We will do whatever it takes to implement these changes.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 27. We can support providers as they adjust to these changes.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 28. We want to implement these changes.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29. We can handle the challenges that might arise in implementing these changes.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30. We are determined to implement these changes.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 31. We can coordinate tasks so that implementation goes smoothly.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 32. We are motivated to implement these changes.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 33. We can manage the politics of implementing these changes.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**34. Using your own definition of burnout, please indicate which of the following statements best describes how you feel about your situation at work.**

*(Select only one response. You can put a ✓ or x in the circle, no need to fill in the circle.)*

- I enjoy my work. I have no symptoms of burnout.
- Occasionally I am under stress, and I don't always have as much energy as I once did, but I don't feel burned out.
- I am definitely burning out and have one or more symptoms of burnout, such as physical and emotional exhaustion.
- The symptoms of burnout that I'm experiencing won't go away. I think about frustrations at work a lot.
- I feel completely burned out and often wonder if I can go on practicing. I am at the point where I may need some changes.

**If you are a clinician in the practice (MD, DO, NP, PA) please answer the following questions. If you are not a clinician, please skip to Question 42.**

**In 2014, the JNC8 released new guidelines for treating patients with hypertension that included the following two major changes:**

- 1. BP target for adults over age 60 was changed from < 140/90 mmHg to <150/90 mmHg**
- 2. Initial antihypertensive treatment should NOT include an ACE or ARB for black patients**

**In the next set of questions, please rate your level of agreement regarding whether these new guidelines will lead to better outcomes for your hypertensive patients.**

**35. BP target < 150/90 mmHg for patients over 60 years of age**

*(Select only one response. You can put a ✓ or x in the circle, no need to fill in the circle.)*

- This new guideline will improve outcomes for all of my patients
- This new guideline will improve outcomes for some of my patients
- This new guideline will have no impact on outcomes for my patients
- This new guideline will have negative consequences for some of my patients
- This new guideline will have negative consequences for all of my patients

**36. Initial antihypertensive treatment should NOT include an ACE or ARB for black patients**

*(Select only one response. You can put a ✓ or x in the circle, no need to fill in the circle.)*

- This new guideline will improve outcomes for all of my patients
- This new guideline will improve outcomes for some of my patients
- This new guideline will have no impact on outcomes for my patients
- This new guideline will have negative consequences for some of my patients
- This new guideline will have negative consequences for all of my patients

In 2013, the American College of Cardiology and the American Heart Association released new guidelines for treating blood cholesterol to reduce atherosclerotic cardiovascular risk in adults. This included changes to prescribing statins. Statin therapy is now recommended for patients who meet one of the following criteria:

1. Diagnosed with clinical atherosclerotic vascular disease (ASCVD)
2. Primary elevation of LDL  $\geq 190$ mg/dL
3. Diagnosed with DM, between 40-75 years old, with LDL between 70-189 mg/dL, and no diagnosis of ASCVD, or
4. No diagnosis of ASCVD or DM, with LDL 70-189 mg/dl and an estimated 10-year ASCVD risk  $>7.5\%$

Please rate your level of agreement regarding whether these new guidelines will lead to better outcomes for your patients.

**37. Patients diagnosed with ASCVD should be prescribed a statin.**

*(Select only one response. You can put a  $\checkmark$  or x in the circle, no need to fill in the circle.)*

- This new guideline will improve outcomes for all of my patients
- This new guideline will improve outcomes for some of my patients
- This new guideline will have no impact on outcomes for my patients
- This new guideline will have negative consequences for some of my patients
- This new guideline will have negative consequences for all of my patients

**38. Patients with a primary elevation of LDL  $>190$ mg/dL should be prescribed a statin.**

*(Select only one response. You can put a  $\checkmark$  or x in the circle, no need to fill in the circle.)*

- This new guideline will improve outcomes for all of my patients
- This new guideline will improve outcomes for some of my patients
- This new guideline will have no impact on outcomes for my patients
- This new guideline will have negative consequences for some of my patients
- This new guideline will have negative consequences for all of my patients

**39. Patients with a diagnosis of DM, between 40-75 years old, with LDL between 70-189 mg/dL, and no diagnosis of ASCVD should be prescribed a statin.**

*(Select only one response. You can put a  $\checkmark$  or x in the circle, no need to fill in the circle.)*

- This new guideline will improve outcomes for all of my patients
- This new guideline will improve outcomes for some of my patients
- This new guideline will have no impact on outcomes for my patients
- This new guideline will have negative consequences for some of my patients
- This new guideline will have negative consequences for all of my patients

**40. Patients with no diagnosis of ASCVD or DM, with LDL 70-189 and an estimated 10-year ASCVD risk  $\geq$  7.5% should be prescribed a statin.**

*(Select only one response. You can put a  $\surd$  or x in the circle, no need to fill in the circle.)*

- This new guideline will improve outcomes for all of my patients
- This new guideline will improve outcomes for some of my patients
- This new guideline will have no impact on outcomes for my patients
- This new guideline will have negative consequences for some of my patients
- This new guideline will have negative consequences for all of my patients

**41. In determining whether to recommend statin therapy, I prefer a risk cut-off higher than 7.5% (using an ASCVD calculator) for patients without a diagnosis of ASCVD or DM, or those with an LDL 70-189 mg/dL.**

*(Select only one response. You can put a  $\surd$  or x in the circle, no need to fill in the circle.)*

- Yes  $\rightarrow$  **What level do you prefer?** \_\_\_\_\_ %
- No

**Please complete the following information about yourself**

**42. What is your role in this practice?**

*(Select only one response. You can put a  $\surd$  or x in the circle, no need to fill in the circle.)*

- Physician (MD, DO)
- Nurse Practitioner or Physician Assistant
- Clinical staff (RN, LPN, CMA, behavioral health provider)
- Nonclinical staff (e.g., receptionist, billing staff)
- Office manager
- Other, please specify: \_\_\_\_\_

**43. How many years have you worked in this practice?**

*(Please round to the nearest year. If you have worked in the practice for less than one year, please enter 0.)*

\_\_\_\_\_ years

**44. How many hours per week do you work at this practice? \_\_\_\_\_ hours/week**