



AGENCY FOR HEALTHCARE RESEARCH AND QUALITY



## 5-Minute COVID-19 Learning Modules

5 minutes is all it takes to complete online modules that give tips on how to take care of yourself, your coworkers, and your residents.

### Each module is:

- ✓ Short
- ✓ Interactive
- ✓ Information
- ✓ Timely

### Topics include:

- Recognizing and managing anxiety and stress
- Identifying and treatment COVID-19
- Vaccination best practices

Visit <https://www.ahrq.gov/nursing-home/learning-modules> to access the modules. More modules will be added as they become available, so check back often.



Scan to access the current learning module listing.