

# Please Bring ALL Your Medicines to Your Next Appointment

**You will work with your health care team to make a medicine list.  
Please make sure you bring (in the original container)...**

- Prescription medicines.
- Medicines you buy without a prescription (like Tylenol® or cold medicine).
- Ointments or creams.
- Bottles of drops.
- Inhalers.
- Injections.
- Vitamins and herbal medicines.
- Any questions you have about your medicines.

**All your medicines from  
all your doctors!**

**Even medicines you  
don't take all the time!**



**Your doctor will go over them with you to...**

- Review what you are taking.
- Make sure you are taking your medicines in the best way for you.
- See if you can take fewer medicines.
- Answer your questions.

**This is important because it...**

- Helps you be an active member of your health care team.
- Gives you a complete medicine list that can be shared with other doctors and hospitals.

