

Bronchopulmonary Dysplasia (BPD)

What is Bronchopulmonary Dysplasia (BPD)?

- Type of chronic lung disease.
- Common in babies born early.
- Damaged lung tissue causes breathing and health problems.
- Lungs trap air, fill with fluid, and produce extra mucus.



What Causes BPD?

- Being born early.
- Having a virus called RSV (ask your Health Coach for a fact sheet about RSV).
- Having a heart condition.
- Being on a ventilator.
- Lack of nourishment.
- Fluid in the lungs.

What are the Symptoms of BPD?

- Grunting.
- Breathing heavily.
- Flaring nostrils.
- Sucking in air.
- Tiring easily.
- Pale or grey skin.



How is BPD Diagnosed?

- If your baby still needs oxygen at 36 weeks old.
- If your baby has been on a ventilator.

How is BPD Treated?

- BPD is treated with oxygen to control fluid in the body and medicine to relax the airway.
- Treatment does not cure BPD.
- Treatment helps your baby breathe better.
- Lungs will eventually heal.
- Your baby needs nutrients for healthy growth.