

# RED Discharge Preparation Workbook

Patient Name \_\_\_\_\_ MRN \_\_\_\_\_ DOB \_\_\_\_\_

Room # \_\_\_\_\_

Date of admission \_\_\_\_\_

	Language preference	Interpreter/Translation Needed (Y/N)
Spoken communication		
Written materials		
Phone communication		

Fill out Contact Sheet for patient, proxy, and caregiver contact information.

**MEDICAL TEAM** \_\_\_\_\_

Attending: \_\_\_\_\_  
 Pager # \_\_\_\_\_

\_\_\_\_\_  
 Pager # \_\_\_\_\_

\_\_\_\_\_  
 Pager # \_\_\_\_\_

Case Manager: \_\_\_\_\_  
 Pager # \_\_\_\_\_

Language Services: \_\_\_\_\_  
 Pager # \_\_\_\_\_

Family worker: \_\_\_\_\_  
 Pager # \_\_\_\_\_

**Pages to Team:**

Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N
Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N
Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N
Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N	Pager: _____ Time: _____ C/B?: Y N

**DE Time:** (Record time spent on patient's case)

Date: _____ DE: ____ Total: _____	Date: _____ DE: ____ Total: _____	Date: _____ DE: ____ Total: _____
Date: _____ DE: ____ Total: _____	Date: _____ DE: ____ Total: _____	Date: _____ DE: ____ Total: _____
Date: _____ DE: ____ Total: _____	Date: _____ DE: ____ Total: _____	Date: _____ DE: ____ Total: _____

**Floor Nurse:** (Name of patient's nurse)

Date: _____ Nurse: _____	Date: _____ Nurse: _____	Date: _____ Nurse: _____
Date: _____ Nurse: _____	Date: _____ Nurse: _____	Date: _____ Nurse: _____
Date: _____ Nurse: _____	Date: _____ Nurse: _____	Date: _____ Nurse: _____

**Contacts with family/caregiver**

Date: _____ Nurse: _____	Date: _____ Nurse: _____	Date: _____ Nurse: _____
Date: _____ Nurse: _____	Date: _____ Nurse: _____	Date: _____ Nurse: _____
Date: _____ Nurse: _____	Date: _____ Nurse: _____	Date: _____ Nurse: _____

Date	Outstanding Patient Teaching/Information	Date Addressed

**1. Diagnoses**

Admitting Dx: \_\_\_\_\_

Comorbidities: \_\_\_\_\_

Discharge Dx \_\_\_\_\_

**2. Followup Appointments**

**PCP Appointment**

\_\_\_\_ Patient has PCP? If NO, Preferences (gender, location)? \_\_\_\_\_

Patient requests for PCP appt (weekdays, time of day): \_\_\_\_\_

PCP Name	Day / Date / Time
Clinician to see at appt (if not PCP)	Location
	Address/Floor: Phone #: Fax #:

**Does patient have transportation to PCP appt?**

\_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ Transportation options discussed:

Team appt. requests: \_\_\_\_\_

**Additional Appointments, Tests, or Lab Work to be done POSTDISCHARGE**

\*\*\*\*Attach Additional Appointment Sheet if Needed\*\*\*\*

Day / Date / Time	Phone and Fax #	Reason / Test / Lab
	Ph: Fax:	
Provider	Location (Address, floor)	
How patient will get to appointment		

Day / Date / Time	Phone and Fax #	Reason / Test / Lab
	Ph: Fax:	
Provider	Location (Address, floor)	
How patient will get to appointment		

Day / Date / Time	Phone and Fax #	Reason / Test / Lab
	Ph: Fax:	
Provider	Location (Address, floor)	
How patient will get to appointment		

Day / Date / Time	Phone and Fax #	Reason / Test / Lab
	Ph: Fax:	
Provider	Location (Address, floor)	
How patient will get to appointment		

Day / Date / Time	Phone and Fax #	Reason / Test / Lab
	Ph: Fax:	
Provider	Location (Address, floor)	
How patient will get to appointment		

**3. Medicine**

Allergies \_\_\_\_ No known allergies \_\_\_\_

Allergy	Patient Confirm (Y/N)	If No, Explain	Allergy	Patient Confirm (Y/N)	If No, Explain

**4. Pharmacy**

Uses hospital pharmacy? No \_\_\_\_ Yes \_\_\_\_

Community Pharmacy Name	Phone #, Street Address, City

Pt. plan to pick up meds upon d/c: \_\_\_\_\_

Pt. requests pill box? No \_\_\_\_ Yes \_\_\_\_ (Pill box given \_\_\_\_)

**5. Diet**

Discharge diet	
----------------	--

Pt. needs diet info. \_\_\_\_\_

**6. Substance use**

Substance	SCM	Patient Report	Current Tx. or Interested in Cessation Info?
Alcohol			
Tobacco			

**7. Durable medical equipment needed at home?: No \_\_\_\_ Yes \_\_\_\_**

If pt. checks blood sugar with glucometer, how many times daily? \_\_\_\_\_

**New durable medical equipment ordered: Yes \_\_\_\_ No \_\_\_\_**

Type \_\_\_\_\_

Company name: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Delivery date: \_\_\_\_\_

Type \_\_\_\_\_

Company name: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Delivery date: \_\_\_\_\_

**8. Current or New Outpatient Services (ex. VNA, PT)? \_\_\_\_\_**

Service \_\_\_\_\_

Company name: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date scheduled: \_\_\_\_\_

Service \_\_\_\_\_

Company name: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date scheduled: \_\_\_\_\_

Service \_\_\_\_\_

Company name: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date scheduled: \_\_\_\_\_

**9. Outstanding Tests/Labs**

Tests /Labs Pending	Date Conducted	Results Expected	Who Will Follow Up on the Result

**Final teaching completed?** Yes \_\_\_ Done by: DE \_\_\_ Other \_\_\_\_\_ No \_\_\_

**Reviewed what to do about problems?** Yes \_\_\_ No \_\_\_

**Patient understanding confirmed?** Yes \_\_\_ No \_\_\_

**Medicines reconciled with patient and medical team prior to final teaching?** Yes \_\_\_ No \_\_\_

**National guidelines checked prior to final teaching?** Yes \_\_\_ Date: \_\_\_\_\_ No \_\_\_

**AHCP given and reviewed by DE with patient?** Yes \_\_\_ Time spent: \_\_\_ minutes DE \_\_\_

No \_\_\_ Date mailed: \_\_\_\_\_

**If mailed, was patient called by DE to review AHCP?** Yes \_\_\_ Date: \_\_\_\_\_ DE \_\_\_ No \_\_\_

**Communication/Notes**