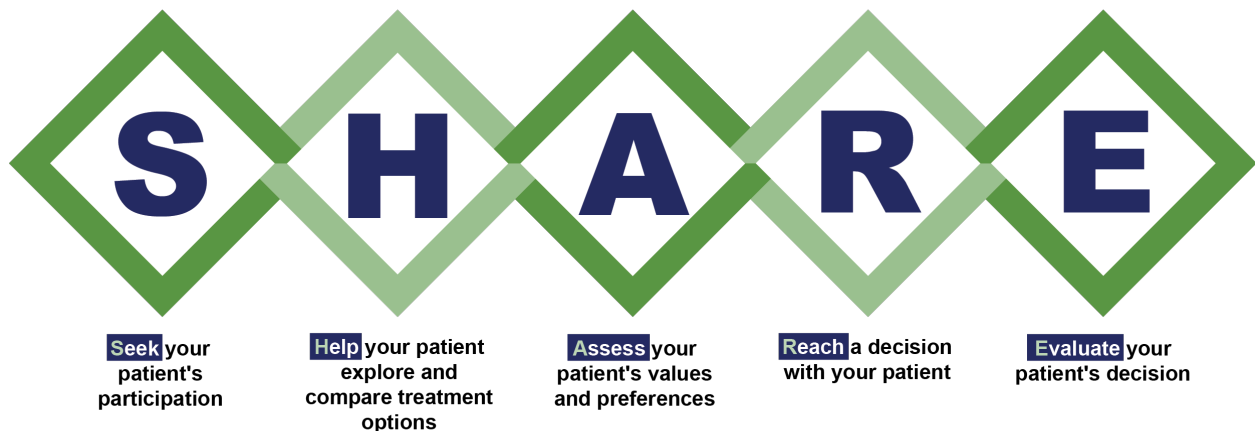


The SHARE Approach:

A Flexible Training Program for Shared Decision Making



The SHARE Approach is a training program developed by the Agency for Healthcare Research and Quality to help healthcare professionals work with patients to make the best possible healthcare decisions.

What's included in the training?

The SHARE Approach includes both asynchronous learning and group activities that can be completed in several ways to match your clinic's busy schedule.

Videos

Watch three videos (approximately 1 hour total) from shared decision-making experts on elements of shared decision making. You can watch as a group or individually.

Learning Activities

Get together in small groups or as a large group to go through six activity sessions (approximately 3 hours total) that match up with the videos. These activities help reinforce and practice shared decision making.

Who should complete the training?

Any member of your practice may benefit from the SHARE Approach training, but testing of the SHARE Approach suggests the training is most useful for those who see patients in a clinical setting.

Why implement the SHARE Approach training in your practice?

Alignment with the Triple Aim

Shared decision making can help your organization or practice meet the three aims of the U.S. Department of Health and Human Services National Quality Strategy and the Institute for Healthcare Improvement's Triple Aim Initiative.

Benefits to your organization and clinicians

- Learn shared decision-making and communication skills to improve conversations with patients.
- Learn how to find and use evidence-based patient decision aids to support shared decision making.
- Save time and improve efficiency of clinic visits.
- Become recognized as a patient-centered medical home or accountable care center.

Benefits of shared decision making to your patients

- Improves patient experiences of care, quality, and health outcomes.
- Helps patients be more informed and understand their healthcare options.
- Reduces patients' decisional conflict and regret.
- Increases patients' active role in decision making.

Interested?

Visit www.ahrq.gov/sdm/share-approach/index.html to learn how to implement the SHARE Approach at your practice.

